



Healthy Living Pharmacy

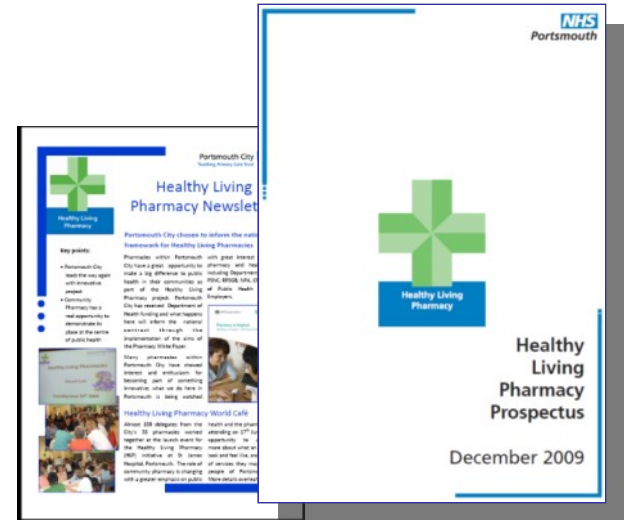
ROLE	CORE	LEVEL 1	LEVEL 2	LEVEL 3
PROMOTES HEALTH WELL BEING & SELF CARE	Health promotion, Self care, Healthy lifestyles & Signposting	Smoking cessation EHC service Harm reduction	Weight management Chlamydia screening NHS Health Checks	Health screening
OPTIMISES MEDICINES INTERVENTIONS	Risk management, Counselling & MURs	Targeted MUR+ (respiratory) Supervised consumption	Adherence support programmes	Clinical medication review
PROVIDES TREATMENT	Dispensing supply, RDS and OTC sales	Minor ailments EHC PGD	PGDs for MAS, STIs, smoking cessation	Pharmacist Prescribing
WORKFORCE DEVELOPMENT	Core competencies	Health Trainer Champion (Assess & signpost) Leadership skills	Health Trainer (Assess & coach) Clinical skills	Advanced clinical/PH skills (PhwSI, Prescriber)
PREMISES	Fit for purpose consultation room (Drug Tariff spec) & IT capability	Fit for purpose consultation room(s) (Enhanced spec) & IT capability	Fit for purpose consultation room(s) (Enhanced spec) & IT capability	Fit for purpose consultation room(s) (Enhanced spec) & IT capability
ENGAGEMENT	Operational (RDS, EPS, collection & delivery services)	Primary Care (Referral protocols, integrated care pathways)	Community (Integrated with local authority priorities & carers)	Local Leader (Driving service redesign and delivery)

SERVICES

FOUNDATIONS

What has made this work?

- Engagement and ownership
- Support for leadership and change management skills
- Health Trainer Champions
- Communication
- Joint working and project management
- Public awareness



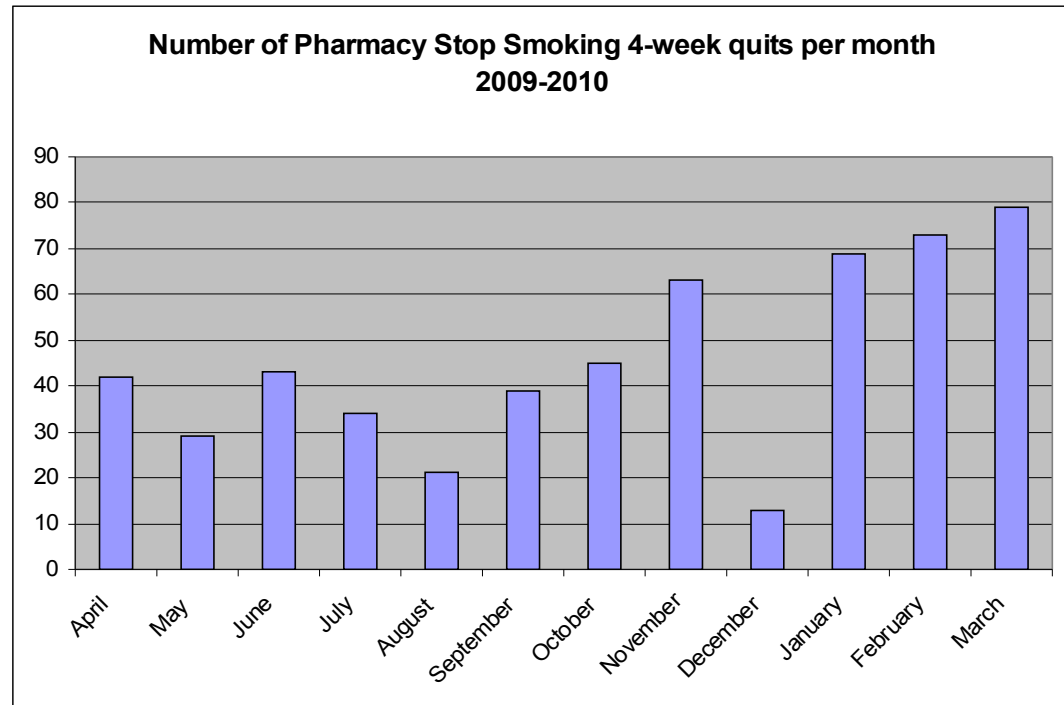
OUTCOMES

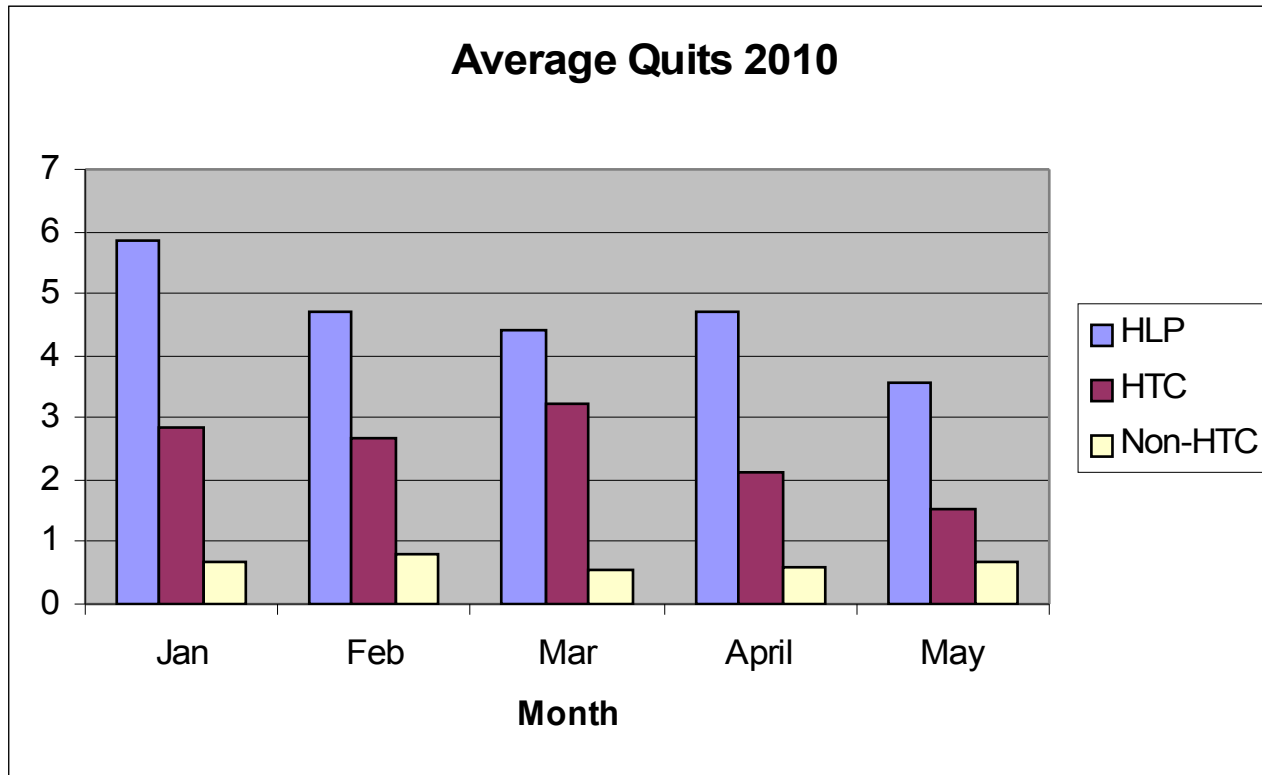


Outcomes: Stop Smoking



559 quitters
36% increase
23% PCT target





HLP: average 25.1 quits

HTC: average 13.2 quits

Non-HTC: average 3.7 quits

Outcomes: Alcohol Services

Alcohol Audit:

- 3649 adults took part
- 1784 took brief advice
- 830 had more in depth consultation
- 29 referred to Alcohol Intervention team

Alcohol IBA Service:

- 670 interventions
- 51% increasing or higher risk
- 15% possible dependence




Rethink your drink

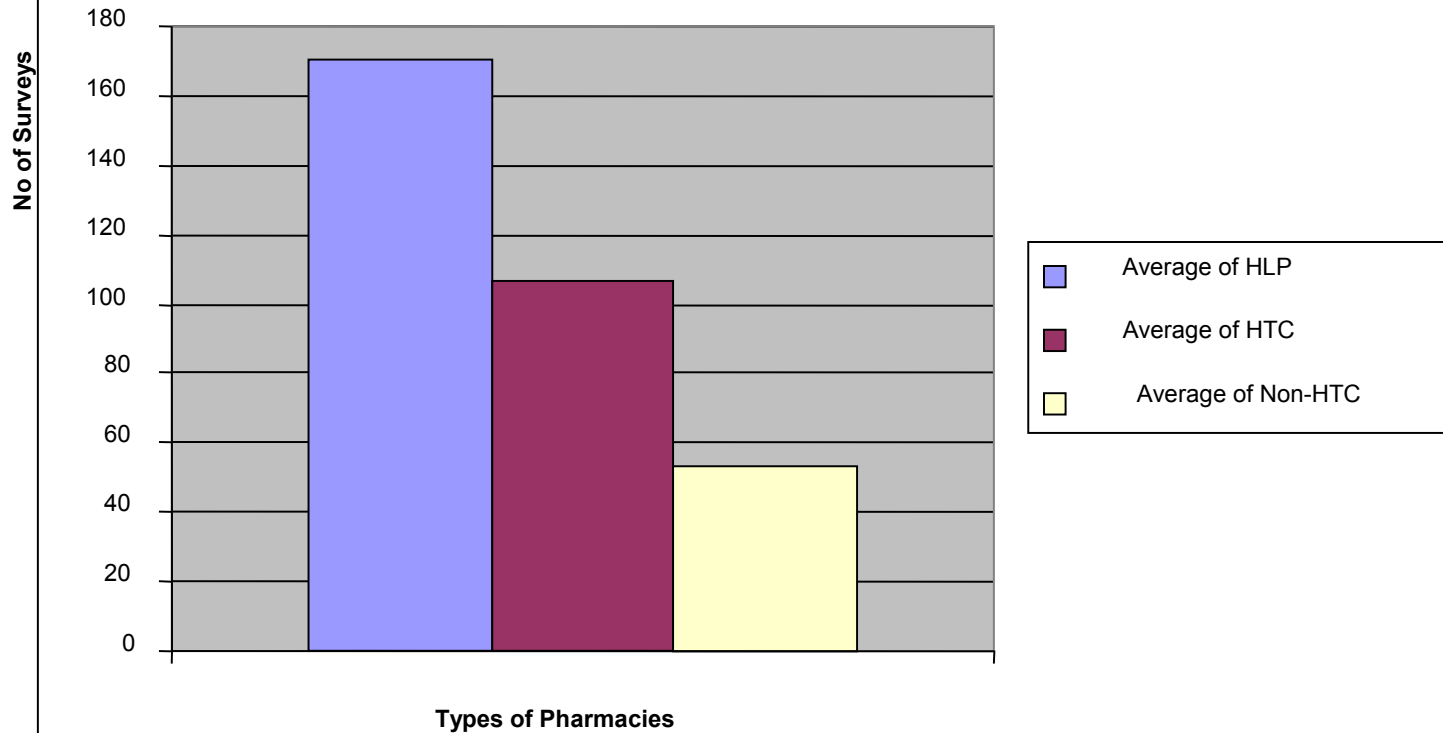
Scratch the answers and total your score. Then turn over to find out your alcohol rating.

How often do you have a drink that contains units of alcohol?	Never	Monthly or less	2-4 times per month	2-3 times per week	4+ times per week
How many units of alcohol do you consume on a typical day when you are drinking?	1-2	3-4	5-6	7-9	10+
How often do you consume six or more units of alcohol on one occasion?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily

Now turn over...

NHS Portsmouth

Comparing the number of surveys taken between
HTC and non-HTC pharmacies



Outcomes: Respiratory MUR

- 700 patients seen
- 35% not seen by another HCP in previous 12 months
- 29% were smokers, 76% recruited for stop smoking
- Average asthma quality of life score = 16/25
- 70% uncontrolled
- 74% with adherence issues
- 6% referred to GP
- 60% seen second time improvement



Other services

- **Emergency hormonal contraception**
- **Weight management services**
- **Supervised consumption**
- **Needle exchange**
- **Minor ailments**
- **Chlamydia screening**
- **NHS Health Checks**



Emergency contraception

available
here

In-store awareness



Public awareness

FOR HELP QUITTING FIRST STOP PHARMACY

Experienced, professional staff offering advice and support.

- Friendly in-store advisers.
- One off prescription charge.
- Weekly meetings, at your convenience.
- Free if you are entitled to free prescriptions.
- CO₂ monitoring.
- Nicotine replacement products.

FOR A MEDICINE MOT FIRST STOP PHARMACY

Experienced, professional advice about long term medicine use.

- Do you know what your medicine is for?
- Are you worried about taking your medicines?
- Are you having side effects?

FOR EMERGENCY CONTRACEPTION FIRST STOP PHARMACY

Experienced, professional staff offering advice and support.

- Available up to 72 hours after unprotected sex.
- Pharmacies open early to late, 7 days a week.
- Private and discreet consultation rooms.
- Free confidential service.
- Advice about ongoing contraception.

One of a range of services available at your local Healthy Living Pharmacy including medicine use reviews, help to stop smoking and weight management advice.

www.pompey-pharmacy.info

Portsmouth LIVE

YOUR LOCAL ONLINE TV STATION

Take a closer look your local pharmacy

to offer for more services than you might think

Services available

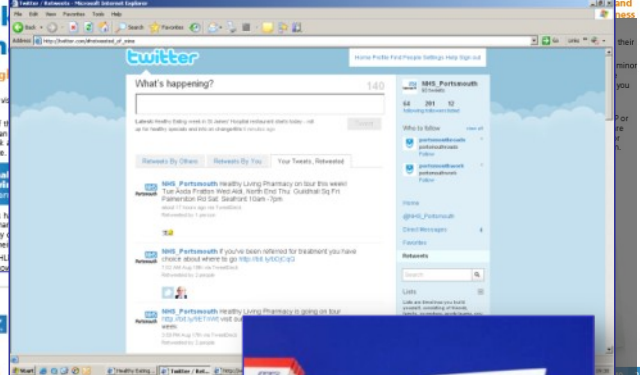
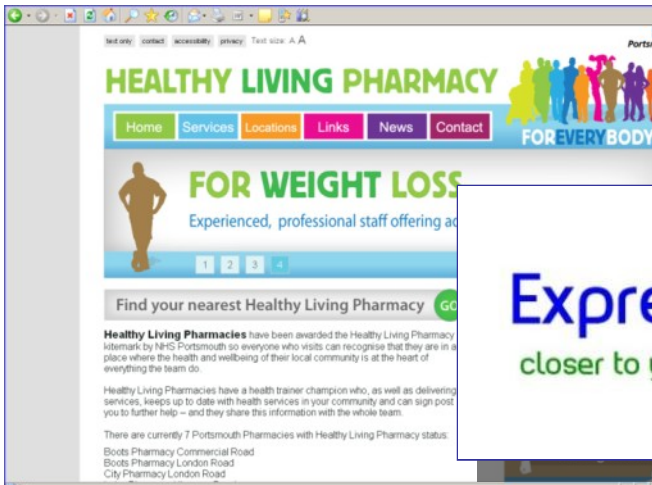
You don't need to make an appointment to ask for advice from your pharmacy team, although you may prefer to make one for some services. You can also telephone your local pharmacy. They are listed in directories and have 023 92 numbers so the call may be included in your free minutes package. Not every service is provided in each pharmacy, so please ask in store or check online www.portsmouth.nhs.uk/pharmacy.htm

- Stop smoking**
Support to stop smoking. Meet your in-store adviser for a weekly one to one where you'll get your CO₂ monitored and nicotine replacement products. Discuss how you're getting on and how to beat cravings.



Choose Well with pharmacy

Your pharmacist is fully



LOCAL HEALTH NEED

HEALTHY LIVING PHARMACY FRAMEWORK

PUBLIC HEALTH MODEL

NEED	CORE	LEVEL 1 <i>Promotion</i>	LEVEL 2 <i>Prevention</i>	LEVEL 3 <i>Protection</i>
Smoking	Health promotion, self care, signposting, OTC supply	Pro-active health promotion. Brief advice, assess willingness, signpost to services	NHS stop smoking service, cancer awareness, Health Check	COPD and cancer risk assessment with referral. Prescriber for stop smoking service.
Obesity	Health promotion, self care, signposting, OTC supply	Pro-active health promotion. Brief advice, assess willingness, signpost to services	NHS weight management service, cancer awareness, Health Check	Prescriber e.g. obesity, CVD, diabetes. Cancer risk assessment
Alcohol	Health promotion, self care, signposting	Pro-active health promotion. Brief advice, assess willingness, signpost to services	NHS alcohol intervention service, cancer awareness, Health Check	Structured care planned alcohol service. Cancer risk assessment
Physical Activity	Health promotion, self care, signposting	Pro-active health promotion. Brief advice, assess willingness, signpost to services	NHS Health Checks, healthy lifestyle consultation service	Structured physical activity plans, activity prescriptions
Sexual Health	Health promotion, self care, signposting, OTC supply	Pro-active health promotion. Brief advice, signpost to services	NHS EHC & chlamydia screen and treat PGD service	Assessment, support, contraception & vaccination
Men's Health	Health promotion, self care, signposting	Pro-active health promotion. Brief advice, signpost to services	NHS Health Check. PGD treatment	PwSI/Prescriber in men's health
Substance Misuse	Health promotion, self care, signposting	Supervised consumption, needle & syringe exchange	Harm reduction, Hep B & C screening	Client assessment, support and prescribing. Hep B vaccination
Other	Health promotion, self care, signposting	Oral health, travel health, sun & mental health awareness	Cancer screening and treatment adherence support, vaccination	Prescriber for travel health and immunisation and vaccination
Minor Ailments	Health promotion, self care, OTC supply, signposting	NHS service (advice and treatment with P & GSL medicines)	NHS service (PGD treatment)	NHS service (prescribed POMs)
Long-term Conditions	Health promotion, self care, signposting, dispensing supply, risk management	Medicines adherence support (targeted Medicine Use Reviews)	Parameter monitoring, clinical review and management	Prescriber/PwSI for LTCs
ENABLERS - QUALITY CRITERIA				
Workforce Development	Core capabilities	Health Trainer Champion Leadership skills	Behavioural change skills Leadership skills	PwSI/Prescriber Leadership skills
Environment	GPhC standards	Advanced IT and premises	Enhanced IT and premises	Enhanced IT and premises
Engagement	Operational	Primary Care	Community	Public Health & Clinical leadership

PHARMACY CAPABILITY